

Vancouver Coastal Health – AHIP Projects – 2010/2011

Organization Name	Newly Funded Projects	Region	Project Description
Native Education College	Creative Nourishment through Art and Food	Vancouver	Create a traditional arts and craft program and Community Kitchen program for residents of the DTES. The participants will take turns at learning traditional art processes, menu planning, preparing, serving and sharing affordable, well-balanced and healthy meals with one another in the Downtown Eastside at the Aboriginal Front Door.
Richmond Youth Service Agency	Healthy Families, Healthy Children	Richmond	Provide Aboriginal families in Richmond with opportunities to participate in cultural activities that will work towards improving and promoting health, cultural pride and knowledge of local health and wellness resources. This will include promoting health and wellness practises from parent to child.
Sechelt Indian Band	Garden of Eden	Sunshine Coast	Encourages gardening and will provide healthy produce regularly to the younger generation of Sechelt peoples, young parents, pregnant and breast feeding mothers. There will be a community kitchen with drop-in sessions to support healthy lifestyle choices for young parents and healthy babies.
Southern Stl'atl'imx Health Society	Traditional, Holistic, and Educational Knowledge in Southern Stl'atl'imx (T.H.E.K.I.S.S.)	Sea to Sky	Promotes cultural awareness of healthier living by learning and collecting their own herbs. Will also form a Red Road to Recovery (3 R's) Strategy through various medias, posters and videos etc. Will also work by the FISH method, First Intake to Satisfy your Hunger, which stresses the importance of traditional food and preservation methods.
Tla'Amin Community Health Board Society	T'e 't'ew shim Personal Learning (Women's Sexual Health)	Sunshine Coast	To provide STI point of care testing, birth control teaching, sexual health education, and resources to women in the Sliammon First Nation community.

Ustlahn Social Society	Back to the Land	Vancouver	The project is meant to get people back to the land and use traditional foods by providing physical activity outlets and weekly community kitchens.
Vancouver Venture for Diversity Society	Aboriginal Foster Children and Youth Wellness Program	Vancouver	To provide cultural workshops, healing circles, healthy living models, and early prevention for Aboriginal foster children and youth who are often denied these experiences while in foster care. This project will also utilize Elders in bridging generations and developing meaningful relationships while reducing social isolation of Elders. Lastly, these activities among foster children and Elders will transfer vital traditional knowledge to future generations, create spiritual balance, self esteem, and cultural pride.
Wuikinuxv Nation	A'eka-lixl, Community Wellness	Central Coast	To improve the health and wellbeing through Wuikinuxv Native culture. By using Bighouse tradition the community, individual, and family issues of disconnect will be addressed that stem from colonization, residential school, church and the Indian Act.

Vancouver Coastal Health – Continuing AHIP Projects – 2010/2011

Organization Name	Continuing Projects	Region	Project Description
Circle of Eagles Lodge Society	Healthy Nutrition in Residential Facilities and Holistic Wellness Workshops	Vancouver	This project will provide opportunities for Aboriginal Community Residential Facilities to build community capacity by providing nutrition awareness, cooking skills and offer workshops on various topics related to Holistic wellness and traditional teachings for both male and females.
Kitasoo Band Council	Local Community Food Security	Central Coast	Bring elders and youth together to share knowledge; intergenerational learning as Elders pass on traditional knowledge regarding food procurement and gathering of medicines.
Musqueam Indian Band	Promoting Musqueam Family Wellness	Vancouver	This program will promote healthy lifestyles and strengthen family relationships of parents of preschool youngsters and tweens, by designing programs for parents of both age groups, identifying community advisory committee members and offer skill based training to enhance early childhood development, life skills and building capacity in the community.

Nuxalk Health and Wellness	Reversing Youth Diabetes Trends	Central Coast	To promote healthy lifestyles and healthy living to Nuxalk youth in an attempt to combat Diabetes through physical activities, classroom teachings and promote awareness of teachings of Nuxalk Elders around traditional food gathering and procurement.
Pacific Association of First Nations Women	Saturday Culture Camp for Aboriginal Girls	Vancouver	To provide opportunities to teach and mentor young Aboriginal girls providing a sense of cultural identity, health awareness and positive self care through healthy lifestyles in a 35 week series of workshops, field trips and cultural teachings.
Southern Stl'atl'imx Health Society	First Nations Women's Safety Project	Sea To Sky	To provide a series of workshops and training for individuals from each of the First Nations communities, such as Mount Currie, N'quatqua, Skatin, Douglas, Samahquam, and Upper Squamish to design, develop and deliver workshop training on healthy relationships and elder abuse in addition to providing a support network and resource information sharing.
Southern Stl'atl'imx Health Society	Making the Connection	Sea To Sky	Make the Connection is an interactive parenting program that promotes secure infant attachment, by providing parent baby activities, and parent discussions. This project helps parents form secure attachment with infants and toddlers by breaking the cycle of residential school effects and the trauma experienced by community members.
Tla'Amin Health Board	Che Che Gah Towlith – Helping Each Other	Sunshine Coast	Works to improve the health status of people with chronic disease through increased self management knowledge and information through professional support and exercise.
Tsleil Waututh Nation	Community Wellness Project	North Shore	This project will provide opportunities for physical activities for women and establish a walking club, Kids Hot Breakfast program, nutrition education workshops for youth, Elders lifestyle workshops, community kitchens and Good Food Box depot for members of the Tsleil Waututh Nation.

<p>Vancouver Aboriginal Friendship Centre Society</p>	<p>Kids in the Kitchen for Better Nutrition</p>	<p>Vancouver</p>	<p>This program will provide education and experiential opportunities for youth to address issues related to food security, such as shopping on a budget, making their dollar stretch, cooking nutritiously, visiting with the UBC Farm project and being self sufficient. This program will address all of these issues in a culturally safe environment.</p>
<p>Vancouver Native Health Society</p>	<p>Aboriginal Intergenerational Landed Learning Project</p>	<p>Vancouver</p>	<p>This project will provide opportunities for Elders in the community to be trained in advanced gardening skills and to facilitate sessions from pre-school to university students. Elders will share cultural knowledge on traditional food gathering, preparation and preservation and help to develop community kitchen gardens on the east side of Vancouver.</p>

